Ancient Greeks fell in love with their land, the blue Sea and the warmth of the Sun that provided them with food all year round. To show their gratitude, they developed myths and told stories of a female deity called GAIA, the mother of all life.

Greeks believe that good company makes a meal taste even better. The magic of their cooking combines ingredients, memories, new ideas and the warm feeling of sitting around a table. Sharing food is considered a therapeutic time of day where families can maintain their values and rituals giving them an opportunity to talk and reflect.

ALIFES / SPREADS

Taramosalata 16

Smoked cod roe, lemon zest, Aubergine, yogurt, garlic, koulouri bread (D)(G)

Melitzanosalata 15

parsley, tomato (D)(G)(V)

Tzatziki 15

Greek yogurt, garlic, cucumber, olive oil, dill, pita bread (D)(V)

Tyrokafteri 16

Feta cheese, marinated capsicum, chilli oil, koulouri bread (D)(V)

OMA / RAW

Tonos me Troufa / Tuna with Truffle 36

Lightly smoked tuna carpaccio, black truffle dressing (G)

Tonos kai Haviari / Tuna Caviar 48

Bluefin tuna, shallot, caviar and olive cracker (G)

Lavraki Marine / Seabass Ceviche 29

Seabass ceviche, confti tomatoes

Tsipoura / Sea Bream Carpaccio 45

Whole sea bream carpaccio (G)

Karpatsio Magiatiko Yellowtail Carpaccio 34

Aioli, dashi, marinated green peppers and chilli (G)

Stridia / Oysters

Gillardeau n.2 10

SALATES / SALADS

Choriatiki Salata / Greek Salad 31

Mountain tomatoes, barrel aged feta, onion and homemade pickled olives (D)(V)

Kounoupidi Salata Cauliflower Salad 26

Cauliflower, avocado, goat cheese, caramelized walnuts, onion and citrus dressing (D)(N)(V)

Salata Kolokithi / Zucchini Salad 26

Mint, pistachio, grapes and tyrokafteri (D)(N)(V)

Astakosalata / Lobster Salad 42

Lobster, baby gem, asparagus, red onion and *light mayo dressing (D)(S)*

MEZEDES / STARTERS

Psarosoupa / GAIA Fish Soup 18

Celery, carrots and potatoes

Tiganita Kolokithia Zucchini Tempura 25

Tzatziki, tomato sauce and lime (D)(G)(V)

Varelisia Feta Psiti Baked Feta Cheese 24

Baked with honey, nuts and filo (D)(G)(N)(V)

Tiropita / Cheese Pie 34

Ksinomitzithra, graviera, anthotyros, goat cheese and fresh truffle (D)(G)(V)

Tiganito Kalamari / Fried Calamari 28

Fried calamari, padron peppers and spiced emulsion (G)

Spanakopita / Spinach Pie 22

Spinach and feta cheese pie (D)(G)(V)

Chtapodi Sti Schara Grilled Octopus 29

Fava puree, tomato and parsley relish (A)(D)

Garides Saganaki / Prawns Saganaki 32

Tomato sauce and basil (D)(N)(S)Add Feta or Eriki 5

Mousakas / Moussaka 28

Aubergine, minced beef, potato foam and Graviera cheese (D)

Keftedakia / Greek Style Meatballs 26

Beef kofta with mint, tomato sauce and yogurt (D)(G)(N)

Garides Ston Ksilofourno Wood Oven Prawns 32

Rosemary, harissa, lemon juice, garlic, chili and olive oil (S)

FROM THE SEA

Our Chefs will recommend the appropriate cooking technique to suit the unique quality of each fish. Our selection of whole fish are sold by the kilo at market price.

Raw

Fish of your choice thinly sliced

Grilled

Simply grilled in the charcoal oven with lemon oil

Baked Ala Speciota

With spiced tomato, Greek herbs and potatoes

Salt Crust

Steamed in salt crust with sage and orange zest

Harissa Style

Rosemary, garlic, chili, olive oil and lemon juice

Pan Fried

Served with condiments

KIRIOS PIATA | MAINS

Astakomakaronada / Lobster Pasta 72

Linguini with cherry tomato sauce (D)(G)(S)

Kritharaki / Orzo Seafood Pasta 45

Kritharaki pasta, calamari, prawns and clams with tomato sauce (D)(G)(S)

Gemista / Stuffed Vegetables 32

With rice, herbs and Eriki cheese (D)(V)

Makaronia me Troufa Truffle Pasta 60

Rigatoni pasta with cream sauce, fresh truffle and fried shallots (D)(G)(V)

Makaronia me Kidonia Vongole Pasta 42

Linguini with clams, garlic, parsley and lemon juice (A)(D)(G)(S)

Katsikaki / 300gr Baby Goat 69

Slow cooked in our wood oven with Basmati rice (D)

Psito Kotopoulo Half Roasted Chicken 46

Marinated with lemon, oregano, garlic, served with parsley salad

Paidakia Arnisia 300gr Lamb Cutlets 68

Spiced marinate, pita bread and tzatziki (D)(G)(N)

Spalomprizola

400gr Wagyu Rib Eye 140

Grilled, padron peppers and grilled tomato (D)(N)

SIDES

Patates Tiganites / French Fries 14

Homemade fries with oregano (V)

Rizi / Basmati Rice 12

Olive oil, garlic, sumac and chives (D)

Patates Sti Schara / Grilled Potatoes 12

Yogurt, olive oil, spring onion and dill (D)(V)

Mpriam / Baked Vegetables 14

Cherry tomato sauce and basil (V)

Brokolo / Broccoli 12

Chili, garlic and lemon oil (V)

Extra Truffle Black 15 / gr

Selection of Greek Caviar
Beluga 12 / gr

Oscietra 7 / gr

